



Toiletries

- Tooth Brush
- Deodorant (travel size)
- Shampoo (travel size)
- Soap/gel (travel size)
- Washcloth or scrubber
- Brush

Linens

- IPA has sheets, towels, pillows or bring your own if you prefer
- Beach towel- THIN so it can dry easily

Other (all optional)

- Flashlight
- Personal Medicines
- Water bottle
- Small fan
- Bug spray
- Sunscreen
- Batteries
- Small backpack
- Granola bars
- Flavor packets (water)
- Work gloves
- Sunglasses
- Hat
- Journal
- Bible

Clothes

- Scrubs, cargo pants, or long shorts (No athletic shorts)
- Tshirt
- 1 nicer outfit for church or restaurant (skirt/dress- girls; khaki shorts/knit shirt for boys)
- 2-3 outfits for "after working"
- Flip flops or crocs- showering/river excursions
- Keens or other covered toe shoe for construction
- Pajamas
- Bathing suits

Team to Bring

- Soccer balls/pump
- Duct tape
- Frisbees
- Polaroid Film
- Trash bags
- Clothes line
- Clothes pins