



**New Traditions**  
**June 28, 2026**

## Thank you for joining us!

We are so glad to have you as our guest in worship and we would love to connect with you. Let us know you are here by scanning this QR code or by following this link: [www.canterburyumc.org/attendance](http://www.canterburyumc.org/attendance)



**Senior Pastor** - Rev. Keith Thompson

**Pastor** - Rev. Hill Carmichael

**Pastor** - Rev. Tori Hastings

**Pastor** - Dr. Bill Morgan

**Pastor** - Rev. Matthew Montgomery

**Pastor** - Dr. Rick Owen

**Youth Pastor** - Rev. Gann Waters-Wright

**Children's Pastor** - Rev. Eleanor Christiansen

**Bishop in Residence** - Dr. Mike Watson

**Choirmaster and Organist** - Dr. Lester Seigel

## Welcome to Canterbury

### We are so glad you chose to worship with us today!

We want you to feel at home. Through close relationships, the study of scripture, education, and caring for others, our goal is to connect you to God, each other, and His world in a real and meaningful way. Here you will find a community of real people, led by leaders who express their real experiences to help renew and empower you to follow Him. So no matter where you are in life, we invite you to come as you are and to live for something greater.

## WORSHIP

**Children in Worship** All children are welcome in worship! The sight, sounds, and interactions of worship are appropriate for every age. We have worship activity bags available as you enter the worship space. Excellent nursery care is provided for infants through age 4 for all regularly scheduled worship services.

### Worship Online

#### Website

[www.canterburyumc.org/worship/worship-online](http://www.canterburyumc.org/worship/worship-online)

#### Facebook

[www.facebook.com/CanterburyUMChurch](https://www.facebook.com/CanterburyUMChurch)

#### YouTube

[www.youtube.com/@CanterburyUMC](https://www.youtube.com/@CanterburyUMC)

## CONNECT

**Next Steps Class** This is a basic introduction to our church family and a wonderful time for you to continue building connections with other followers of Christ. Since many of us come from different church backgrounds, this class is designed to clearly explain who we are, what we believe, and how you can take the next steps in partnering with us to build the Kingdom of God. After attending it is our hope you will decide to make Canterbury your new church home. To register for the next class, please contact Becky King at [becky.king@canterburyumc.org](mailto:becky.king@canterburyumc.org).

## CONTACT US

**Church Office:** 205.871.4695

**Website:** [www.canterburyumc.org](http://www.canterburyumc.org)

**Membership:** Rev. Matthew Montgomery  
[matthew.montgomery@canterburyumc.org](mailto:matthew.montgomery@canterburyumc.org)  
205.868.6590 x2327

**Pastoral Care Response Line:** 205.999.4887



# Order of Worship

## Welcome and Announcements

Rev. Gann Waters-Wright

### \* Hymn 158

Come, Christians, Join to Sing

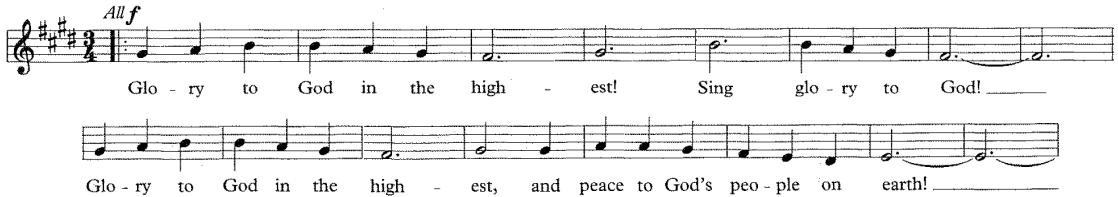
SPANISH HYMN

### Collect

*The Lord be with you. And also with you. Let us pray.*

**O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

### Gloria In Excelsis



### Psalter Reading (Chanted)

Psalm 91: 1-4, 11-12, 14

Stan Nelson, cantor

Those who dwell in the shelter of the Most High, who abide in the shadow of the Almighty, will **say \*to the Lord, | “My refuge and my fortress; my God, in whom \*I will trust.”**

For the Lord will deliver you from the snare of the fowler and from the deadly \*pestilence

**and will cover you \*with his pinions;**

under the Lord's wings you \*will find refuge. | **God's faithfulness is a \*shield and buckler.**

For God will give his angels charge \*over you | to guard you in \*all your ways.

**They will bear you up \*on their hands | lest you dash your foot a\*gainst a stone.**

Because they cleave to me in love, I will de\*liver them; | I will protect them,

**because they \*know my name.**

The Word of God for the peo\*ple of God. | **Thanks \*be to God.**

### Prayer of Confession

**Gracious God, have mercy on us. In your compassion forgive our sins, known and unknown, those things done and left undone. Uphold us by your Spirit so that we may live and serve you in newness of life, to the honor and glory of your holy name; through Jesus Christ our Lord. Amen**

### All Pray in Silence

### Kyrie 482

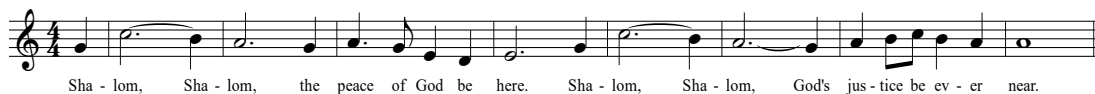
Lord, have mercy. **Lord, have mercy.** Christ, have mercy. **Christ, have mercy.**

Lord, have mercy. **Lord, have mercy.**

## Words of Pardon

In the name of Jesus Christ, we are a forgiven people. **Glory to God! Amen.**

**\* The Peace**     The Peace of the Lord Jesus Christ be with you, **and also with you.**



**\* Gospel Alleluia** (sung before and after the Gospel Lesson)



**\* Gospel Lesson**

Mark 6: 30-34

*The word of God for the people of God.* **Thanks be to God.**

**Sermon**

Faith on the Move: Holy Rest in a Busy and Productive Life     Rev. Keith Thompson

**\* Hymn**

Come Away From Rush and Hurry

BEACH SPRING

**Come away from rush and hurry to the stillness of God's peace;  
From our vain ambition's worry, come to Christ and find release.  
Come away from noise and clamor, life's demands and frenzied pace;  
come to join the people gathered here to seek and find God's face.**

**Come then, children, with your burdens—life's confusions, fears and pain.  
Leave them at the cross of Jesus; take instead his kingdom's reign.  
Bring your thirsts, for Christ will quench them—Christ alone will satisfy,  
all our longings find attainment when to self we gladly die.**

**Prayers of the People**

Lord, in your mercy, **hear our prayer.**

**Giving Our Tithes and Offerings**

**Anthem**

Never Weather-Beaten Sail

Richard Shephard

Never weather-beaten sail more willing bent to shore.  
Never tired pilgrim's limbs affected slumber more,  
Than my wearied sprite now longs to fly out of my troubled breast:  
O come quickly, sweetest Lord, and take my soul to rest.  
Ever blooming are the joys of Heaven's high Paradise.  
Cold age deafs not there our ears nor vapour dims our eyes:  
Glory there the sun outshines whose beams the blessed only see:  
O come quickly, glorious Lord, and raise my spir't to thee! (Thomas Campion)

**\* Doxology & Wesley's Grace**

OLD 100th

**Praise God from whom all blessings flow;  
praise Him, all creatures here below;  
praise Him above ye heavenly hosts,  
praise Father, Son, and Holy Ghost.**

**Be present at our table, Lord;  
be here and everywhere adored;  
Thy creatures bless, and grant that we  
may feast in paradise with Thee.**

**The Great Thanksgiving**

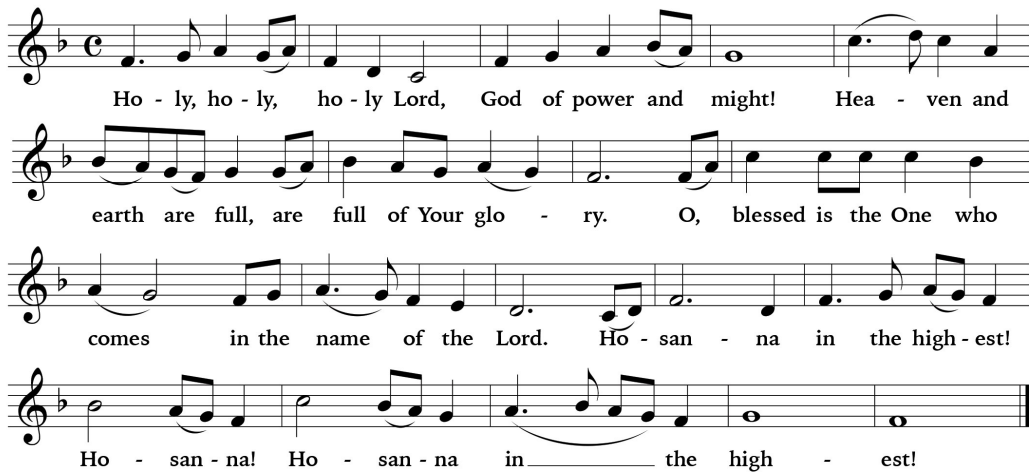
The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

**And so, with your people on earth and all the company of heaven,  
we praise your name and join their unending hymn:**



Ho - ly, ho - ly, ho - ly Lord, God of power and might! Hea - ven and  
earth are full, are full of Your glo - ry. O, blessed is the One who  
comes in the name of the Lord. Ho - san - na in the high - est!  
Ho - san - na! Ho - san - na in the high - est!

Holy are you, and blessed is your Son Jesus Christ. Your Spirit anointed him to preach good news to the poor, to proclaim release to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, and to announce that the time had come when you would save your people.

He healed the sick, fed the hungry, and ate with sinners. By the baptism of his suffering, death, and resurrection you gave birth to your Church, delivered us from slavery to sin and death, and made with us a new covenant by water and the Spirit. When the Lord Jesus ascended, he promised to be with us always, in the power of your Word and Holy Spirit.

On the night in which he gave himself up for us, he took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me." When the supper was over, he took the cup, gave thanks to you, gave it to his disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

**And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith:**

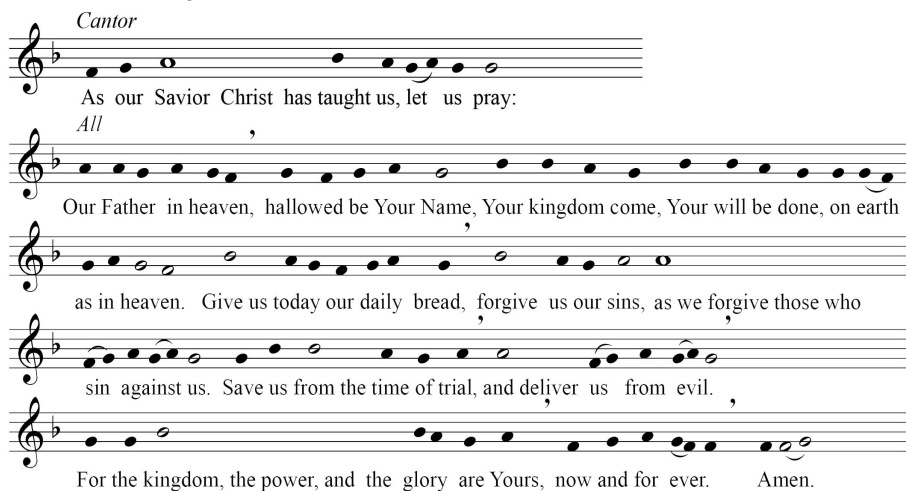


Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood. By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory and we feast at his heavenly banquet.

**Through your Son Jesus Christ, with the Holy Spirit in your holy Church, all honor and glory is yours, Almighty God, now and forever.**



### **The Lord's Prayer** (Chanted)



Blessed are you, O Lord our God, King of the Universe, who brings forth bread from the earth. Because there is one loaf, we, who are many, become one as we partake of it. Is not the breaking of this bread a means of sharing in the body of Christ?

Blessed are you, O Lord our God, King of the Universe, who creates the fruit of the vine. Is not the cup a means of sharing in the blood of Christ?

Lamb of God, you take away the sin of the world, have mercy on us.  
Lamb of God, you take away the sin of the world, have mercy on us.  
Lamb of God, you take away the sin of the world, grant us your peace.

Breaking the Bread and Giving the Cup

*All are welcome to receive the sacrament. You do not have to be a member of Canterbury or of the United Methodist Church. It is the Lord's table and all of God's children are welcome. Ushers will guide you.*

Music During Communion

Come, O Sabbath Day

THE CALL

Come, O Sabbath day and bring peace and healing on thy wing; and to every weary one let God's word of blessing come: Thou shalt rest!  
Welcome Sabbath! Let depart ev'ry care of troubled heart. Now the daily task is done, let God's word of comfort come: Thou shalt rest!

\* Prayer After Receiving

**Eternal God, we give you thanks for this holy mystery in which you have given yourself to us. May we be transformed into your image. Grant that we may go into the world in the strength of your Spirit, to give ourselves for others, in the name of Jesus Christ our Lord. Amen.**

\* Choral Benediction

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Thanksgiving for the lives of

James Forstman (Keith Forstman's father) .....June 12, 2026  
Andrew O'Neal (Jeff & Anne O'Neal's son) .....June 19, 2026

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Shop Now for Christmas Village!

We're getting a jump start on collecting toys for our annual Christmas Village event held at Avondale Samaritan Place.



It's easy...just shop from the list locally at Snoozy's Toys or through the Amazon Wish List link (scan QR code) between now and July 31!  
It's a great way to help supply the needed toys for 350 local children before our November drive.



**Toy Drive Benefiting Avondale Samaritan Place  
and the Annual Christmas Village**

# Happening at Canterbury



## Beach Reads | June 30 & July 28

Looking for the perfect summer read and meaningful conversation? These relaxed gatherings on two TUESDAY evenings combine great books, fellowship, and faith-filled discussion. Whether you're reading by the pool, at the beach, or on your back porch, this is a wonderful way to stay connected and grow in community this summer. [5:30 dinner, 6:00 studies] Scan the QR code to register or visit:

[www.canterburyumc.org/grow/adults](http://www.canterburyumc.org/grow/adults)



### JUNE 30 | Book Selections

- *Capable*, by Goff & Thomas - Natalie Moon
- *The Universal Christ*, by R. Rohr - Matthew Montgomery
- *The After Party*, by Chang & French - Bill Morgan
- *You Are What You Love: The Spiritual Power of Habit*, by Butcher & James - JohnCarl Hastings

### JULY 28 | Book Selections

- *Capable*, by Goff & Thomas - Hill Carmichael
- *My Friends*, by F. Backman - Annie Skinner
- *The Prayers of Peter Marshall*, by C. Marshall - Natalie Moon
- *Daring Greatly*, by B. Brown - Matthew Montgomery

## Adult Summer Sunday School | 9:30 AM "Lessons from the Front Porch"

Join us in Wesley Hall during the Sunday School hour for a combined class featuring a different guest speaker and topic each week. Meet us on the porch for meaningful conversation, fresh perspectives and community. All are invited!

## Encouragers Registration | Now Open

Connect with women of all ages through faith, friendship, and encouragement. Small groups meet monthly to pray, build relationships, and support one another through every season of life. Looking for deeper community? Join us! Scan the QR code to register.



## YAC Magic City Work Week | July 12-18

This is an amazing week where we'll serve in the West End area painting and repairing houses. For grades 7-12th in the 2025-26 school year. Register: [www.canterburyumc.org/grow/youth](http://www.canterburyumc.org/grow/youth)

## Summer Meal Series | Daniel George | July 8

Thank you, Canterbury, for supporting this effort! Funds raised will help support deserving not-for-profit organizations. Please make sure to mention "Canterbury UMW Fundraiser" when you check out! See you at Daniel George for lunch or dinner on 7/8.

## Vacation Bible School | July 20-23 Volunteers Needed!



Over 300 children are registered and we need volunteers to make it a huge success – open to youth and adults of all ages. Questions? Reach out to Eleanor Christiansen. Volunteer: [www.canterburyumc.org/grow/children](http://www.canterburyumc.org/grow/children)

## Men's Breakfast | July 16 | 6:30 AM

Men of all ages are invited to join us for a summer morning of fellowship, great food, and good conversation. Come connect with friends, meet someone new, and start your day together in community. Register: [www.canterburyumc.org/mens-ministry](http://www.canterburyumc.org/mens-ministry)