



EMBARK



New Traditions

February 9, 2025

Thank you for joining us!

We are so glad to have you as our guest in worship and we would love to connect with you. Let us know you are here by scanning this QR code or by following this link: www.canterburyumc.org/attendance



Senior Pastor - Rev. Keith Thompson

Pastor - Rev. Hill Carmichael

Pastor - Rev. Tori Hastings

Pastor - Dr. Bill Morgan

Pastor - Rev. Sheryl Thornton

Pastor - Rev. Matthew Montgomery

Pastor - Dr. Rick Owen

Youth Pastor - Rev. Gann Waters-Wright

Bishop in Residence - Dr. Mike Watson

Choirmaster and Organist - Dr. Lester Seigel



Who Are We

As people of the church, we are committed to following Jesus with an authentic faith. We seek to be real and authentic in every part of our lives because we believe that Jesus wants to know us. We also believe that Jesus wants to meet us wherever we are in life. At Canterbury United Methodist Church, this is what it means to be in relationship with Christ.

Jesus said the most important thing we can do is to love God with all our heart, soul, strength, and mind, and love our neighbor as our self. This simple yet profound statement represents the real grace and real love Jesus has for all people, particularly those whom the rest of the world often overlooks. This statement from Jesus also represents the very nature of who God is. Through sharing real grace and real love with people, Jesus brought healing into their lives. At Canterbury, we seek to follow Jesus' example, striving to share and experience real grace and real love in our real life.

Real Grace

Grace stands as a central tenant to our community. It is at the very core of who we are as children of God because it is part of our lives before we are even aware of it. We confess that we are each imperfect, regularly falling short of our own standards and God's. God loves us anyway just as we are. God initiates every relationship with us through grace. God's grace can never be earned, it is all gift. We, as God's children, strive to do the same with each other. We start with grace given to us by God. We live offering the same grace to ourselves and one another.

Real Love

In a world where people are sometimes criticized for being different, the people of the church are called to be intentionally different. Our Holy Scriptures remind us that we are all created in the image of God; and, if God is Love, then we are created in the image of love. God as revealed in Jesus Christ is what real love looks like. When we are most true to who we are created to be, we are loving. At Canterbury, we seek to embody that love is patient and kind ... and we particularly like it best when it is a verb.

Real Life

God constantly invites us into a life of full connection with God and others through Jesus Christ. This is the real life we are created for. Nothing but relationship with God and each other will truly satisfy the longing inside us. We believe this is the path to real, abundant life. Our desire is to walk this path together.

CANTERBURYUMC.ORG

Welcome to Canterbury!

We are so glad you chose to worship with us today!

We want you to feel at home. Through close relationships, the study of scripture, education, and caring for others, our goal is to connect you to God, each other, and His world in a real and meaningful way. We want to be a place where you will meet Jesus exactly where you are. You will find a community of real people, led by leaders who express their real experiences to help renew and empower you to follow Him. So no matter where you are in life, we invite you to come as you are and to live for something greater. If you need help finding your way around, we have welcome guides located at our main entrances and outside the worship areas. We look forward to connecting with you!

WORSHIP

Children in Worship All children are welcome in worship! The sight, sounds, and interactions of worship are appropriate for every age. We have worship resources available as you enter the worship space including a Worship Activity bag. Excellent nursery care is also available to children through 4 years old, however we love having all ages worshipping together and look forward to the ways they can help us worship God. Nursery is provided for infants and preschoolers for all regularly scheduled worship services. Nursery for other activities and church events can be provided. Please email Breana Stallings at breana.stallings@canterburyumc.org with any questions about the nursery. Canterbury uses a computer check-in system as part of our Safe Sanctuary Policy.

Help us to celebrate the new life in our congregation by sharing the exciting news with us! We need you to let us know when your family is welcoming a new baby and hope you will contact linda.carpenter@canterburyumc.org so that we can all celebrate another child in our midst.

Worship Online We strive to be a church that is accessible to you whenever and however you need us! All worship services are available through:

Website:

www.canterburyumc.org/worship/worship-online

Facebook:

www.facebook.com/CanterburyUMChurch

YouTube:

www.youtube.com/@CanterburyUMC

CONNECT

Next Steps Class This class is a basic introduction to our church family and a wonderful time for you to continue building connections with other followers of Christ. Since many of us come from different church backgrounds, this class is designed to clearly explain who we are, what we believe, and how you can take the next steps in partnering with us to build the Kingdom of God. After attending these classes, it is our hope you will decide to make Canterbury your new church home. For more information, please contact Becky King at becky.king@canterburyumc.org.

MEET WITH ONE OF OUR PASTORS

Our pastors would love to meet with you over coffee and get to know you. You can bring any questions you might have and get to know a little more about Canterbury, the United Methodist Church, and anything else you want to talk about. Contact the church office at 205-871-4695 to set that up.

Contact Us

Church Office: 205.871.4695

To Join: matthew.montgomery@canterburyumc.org
205.868.6590 x2327

Pastoral Care Response Line: 205.999.4887

Order of Worship

Welcome and Announcements

* Hymn 108

God Hath Spoken by the Prophets

EBENEZER

Collect

The Lord be with you. And also with you. Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever. Amen.

Gloria In Excelsis

All f
Glo - ry to God in the high - est! Sing glo - ry to God!
Glo - ry to God in the high - est, and peace to God's peo - ple on earth!

Psalter Reading (Chanted)

Psalm 138

Stan Nelson, cantor

I give you thanks, O Lord, with *my whole heart; | before the gods I *sing your praise;

I bow down toward your *holy temple | and give thanks to your name for your steadfast Love and *faithfulness;

for you have exal*ted your name | and your word above *everything.

On the day I called, you *answered me, | you strength*ened my life.

All the rulers of the earth shall praise *you, O Lord, |

for they have heard the words *of your mouth;

and they shall sing of the ways *of the Lord, | **for great is the glory *of the Lord.**

For the Lord is high but re*gards the lowly; | **yet knows the haughty *from afar.**

Though I walk in the *midst of trouble, | you pre*serve my life;

you stretch out your hand against the wrath of my *enemies | and your right hand de*livens me.

O Lord, fulfill your *purpose for me; | O Lord, may your steadfast love endure forever.

Do not forsake the work *of your hands.

The word of God for the peo*ple of God. | **Thanks *be to God.**

Prayer of Confession

Gracious God, have mercy on us. In your compassion forgive our sins, known and unknown, those things done and left undone. Uphold us by your Spirit so that we may live and serve you in newness of life, to the honor and glory of your holy name; through Jesus Christ our Lord. Amen.

All Pray in Silence

Kyrie 482

Lord, have mercy. **Lord, have mercy.** Christ, have mercy. **Christ, have mercy.**
Lord, have mercy. **Lord, have mercy.**

Words of Pardon

In the name of Jesus Christ, we are a forgiven people. **Glory to God! Amen.**

* The Peace The Peace of the Lord Jesus Christ be with you, **and also with you.**



Sha - lom, Sha - lom, the peace of God be here. Sha - lom, Sha - lom, God's jus - tice be ev - er near.

The Lesson

Jeremiah 29: 10-14

The word of God for the people of God. **Thanks be to God.**

Sermon

Embark...How Do You Leave the Dock?

Rev. Hill Carmichael

Hymn 124

Seek the Lord, vv. 1, 3

GENEVA

Prayers of the People

Lord, in your mercy, **hear our prayer.**

Giving Our Tithes and Offerings

Anthem

Jubilate Deo

Sam Batt Owens

O be joyful in the Lord all ye lands! Serve the Lord with gladness, and come before His presence with a song! Be ye sure that the Lord, He is God; it is He that hath made us and not we ourselves. We are His people and the sheep of His pasture. O go your way into His gates with thanksgiving, and into His courts with praise! Be thankful unto Him, and speak good of His name, for the Lord is gracious, His mercy is everlasting, and His truth endureth from generation to generation.

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now and ever shall be, world without end. Amen.

* Doxology & Wesley's Grace

OLD 100th

**Praise God from whom all blessings flow;
praise Him, all creatures here below;
praise Him above ye heavenly hosts,
praise Father, Son, and Holy Ghost.**

**Be present at our table, Lord;
be here and everywhere adored;
Thy creatures bless, and grant that we
may feast in paradise with Thee.**

The Great Thanksgiving

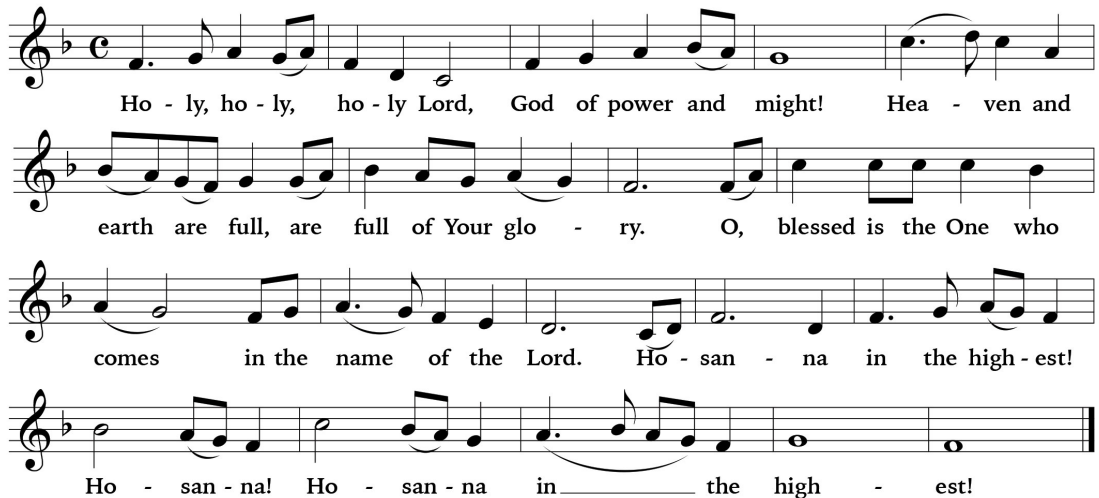
The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them up to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, creator of heaven and earth. You formed us in your image and breathed into us the breath of life. When we turned away and our love failed, your love remained steadfast. You delivered us from captivity, made covenant to be our sovereign God, and spoke to us through the prophets.

And so, with your people on earth and all the company of heaven, we praise your name and join their unending hymn:



The musical score is written on four staves in a single system. It begins with a treble clef, a key signature of one flat (B-flat), and a common time signature (C). The melody is simple and hymn-like, with lyrics written below the notes. The lyrics are: "Ho - ly, ho - ly, ho - ly Lord, God of power and might! Hea - ven and earth are full, are full of Your glo - ry. O, blessed is the One who comes in the name of the Lord. Ho - san - na in the high - est! Ho - san - na! Ho - san - na in the high - est!" The score ends with a double bar line.

Holy are you, and blessed is your Son Jesus Christ. Your Spirit anointed him to preach good news to the poor, to proclaim release to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, and to announce that the time had come when you would save your people.

He healed the sick, fed the hungry, and ate with sinners. By the baptism of his suffering, death, and resurrection you gave birth to your Church, delivered us from slavery to sin and death, and made with us a new covenant by water and the Spirit. When the Lord Jesus ascended, he promised to be with us always, in the power of your Word and Holy Spirit.

On the night in which he gave himself up for us, he took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me." When the supper was over, he took the cup, gave thanks to you, gave it to his disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith:

Christ has died; — Christ is ris - en; Christ — will come a - gain!

Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood.

By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory and we feast at his heavenly banquet.

Through your Son Jesus Christ, with the Holy Spirit in your holy Church, all honor and glory is yours, Almighty God, now and forever.

A - men! — A - men! — A - - - - men!

The Lord's Prayer (Chanted)

Cantor

As our Savior Christ has taught us, let us pray:

All

Our Father in heaven, hallowed be Your Name, Your kingdom come, Your will be done, on earth as in heaven. Give us today our daily bread, forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are Yours, now and for ever. Amen.

Blessed are you, O Lord our God, King of the Universe, who brings forth bread from the earth. Because there is one loaf, we, who are many, become one as we partake of it. Is not the breaking of this bread a means of sharing in the body of Christ?

Blessed are you, O Lord our God, King of the Universe, who creates the fruit of the vine. Is not the cup a means of sharing in the blood of Christ?

Fraction Anthem

Agnus Dei

BELLAGNUS

Lamb of God, you take away the sin of the world, have mercy on us.
Lamb of God, you take away the sin of the world, have mercy on us.
Lamb of God, you take away the sin of the world, grant us your peace.

Receiving the Bread and Cup

All are welcome to receive the sacrament. You do not have to be a member of Canterbury or of the United Methodist Church. It is the Lord's table and all of God's children are welcome. Ushers will guide you.

Communion Music

Locus Iste

Anton Bruckner

This place was made by God, and is most holy. Righteousness abides within its walls.

*** Prayer After Receiving**

Eternal God, we give you thanks for this holy mystery in which you have given yourself to us. May we be transformed into your image. Grant that we may go into the world in the strength of your Spirit, to give ourselves for others, in the name of Jesus Christ our Lord. Amen.

*** Benediction**

*** Choral Response**



Farewell Reception *Honoring* Rev. Sheryl Thornton

Sunday, March 2 | 11:30 AM
Canterbury Parlor



Happening at Canterbury

Today is United Methodist Women Recognition Sunday

Canterbury's United Methodist Women (UMW) includes women of all ages who are actively involved in faith driven, hands on service; who enjoy regular fellowship; and who champion the improvement of the lives of women, youth and children. For more information, please see one of our UMW members after worship today!

www.canterburyumc.org/community/united-methodist-women

Interest Meeting Wesley Heritage Tour (London) | Today | 11:30 AM

If you are interested in joining this trip to England June 4-12, please attend this meeting TODAY for more info and details. If you have already signed up and have questions, this is a great opportunity to get your answers! It will be held in the Dining Room immediately following 10:30 AM worship.

Costa Rican Missionaries Lunch | February 12 | 11:30 AM

Join us to hear from Karlos and Karla Molinas, missionaries with Voz de Libertad, a prison ministry in San Jose, Costa Rica. Their work supports 3 groups of people: inmates, families of inmates and victims- this 3 prong approach has helped the community heal and helped prevent recidivism. Come hear them share about their work and learn how you can be a part of the upcoming mission trip to CR April 24-29. RSVP to jennifer.dunn@canterburyumc.org by today, Sunday, February 9.

Combined Worship | February 16 | 10:30 AM

REMINDER! For the long President's Day holiday next weekend, we will hold New Traditions at 8:15 AM in the Chapel and one combined worship service at 10:30 AM in the Sanctuary.

Legacy Luncheon | February 25 | 12 Noon

Join us to welcome Dr. Rick Owen as he talks about Canterbury's recent musical field trip of Living the Blues. Music is more than music. It is community, it is a feeling, it is a part of our soul. Join us as we discover how this music has the power to unite us all! Reserve your lunch (\$5) by emailing Valerie Boyd at valerie.boyd@canterburyumc.org.

Discovery Weekend | March 14-16

Register now! It's a special spring YAC weekend held here at the church for our junior high students that is put on by our senior high students. Register: www.canterburyumc.org/grow/youth/#events

Kids Summer Dates 2025

Summer will be here soon! We have all of our camps and summer events on the website. So, take a look and mark your calendars for everything we have in store for your kids this summer at Canterbury! Register: www.canterburyumc.org/grow/children



ash wednesday | march 5

MORNING ASHES

7-8:30 AM | Chapel

DRIVE THROUGH on your morning commute or after carpool drop off to receive your ashes and a special blessing from one of our pastors.

NOON BLUES SERVICE

12 PM | Chapel

New this season! This very unique service will combine the solemnity and reflection of Ash Wednesday with the soulful and contemplative tones of blues music.

EVENING SERVICE OF ASHES

6 PM | Sanctuary

Join us as we mark the beginning of the Lenten season with this traditional evening service that promises to be both spiritually enriching and musically inspiring.

Dinner will be served on Wednesday, March 5 from 5-6 PM in Canterbury Hall.

upcoming small groups

MEN'S LENTEN STUDY *with Rick Owen*

Thursday evenings | 6 PM

March 6 - April 10 at Cahaba Brewing Company

Are you looking to strengthen your faith and dive deeper into the presence of God all around us? Join us for 6 weeks of fellowship and to study *Nudge: Awakening Each Other to the God Who's Already There* by Leonard Sweet.

HIKING *with Hill Carmichael*

Sundays | 1:30 PM

March 16, April 6 & April 13 at Red Mountain Park

This popular outdoor group returns this spring! Meet at the base of the park and enjoy time in nature with Hill and fellow Canterburians.

BOOK CLUB

Mondays | 11:30 AM-12:30 PM

March 3 & April 7

Room M226

Bring your lunch and join in the discussion. For book titles and dates, please visit:
www.canterburyumc.org/grow/adults

GRIEF CARE *with Hill Carmichael*

Wednesdays | 12 Noon

March 12 - April 23 (6 sessions)

Room M200 *Will not meet 3/26 due to Spring Break*

When we lose someone we love, we embark on a journey not of our choosing, but it is a vital and sacred journey. This group serves as a means of self-care, healing and shared community for persons in grief.

***register today:* canterburyumc.org/grow/adults**



Thank You for Joining Us Today!