



Disclaimer

- Assume everything you bring will get lost, wet, broken, taken. Therefore, don't bring anything you value heavily.
- You will get your clothes dirty, they might tear, or get ruined. If you are bringing your favorite _____ - DON'T!
- Must be flexible - plans change. "Rhett-stimation"
- Never promise anything (i.e. "I'll write you" etc)
- Never give anyone anything- except via host/ess
- Do the reverse check - What would 20 Panamanians showing up for worship at Canterbury feel like? Are you representing Canterbury, your family, and the United States well?
- Team Agreement- Agree to be team focused- ask yourself if your needs are overshadowing others.