



YOU ARE  
*invited!*

**Contemporary Worship**

**SEPTEMBER 1, 2024**



## THANK YOU FOR JOINING US!

We are so glad you are here, and we would love to connect with you. Let us know you are here by scanning this QR code or by visiting: [www.canterburyumc.org/attendance](http://www.canterburyumc.org/attendance)  
We look forward to connecting with you!

**Senior Pastor** - Rev. Keith Thompson

**Pastor** - Rev. Hill Carmichael

**Pastor** - Rev. Tori Hastings

**Pastor** - Dr. Bill Morgan

**Pastor** - Rev. Sheryl Thornton

**Pastor** - Rev. Matthew Montgomery

**Pastor** - Dr. Rick Owen

**Youth Pastor** - Rev. Gann Waters - Wright

**Bishop in Residence** - Dr. Mike Watson

**Director of Contemporary Music** - Natalie Moon

# REAL

## Who Are We

As people of the church, we are committed to following Jesus with an authentic faith. We seek to be real and authentic in every part of our lives because we believe that Jesus wants to know us. We also believe that Jesus wants to meet us wherever we are in life. At Canterbury United Methodist Church, this is what it means to be in relationship with Christ. Jesus said the most important thing we can do is to love God with all our heart, soul, strength, and mind, and love our neighbor as our self. This simple yet profound statement represents the real grace and real love Jesus has for all people, particularly those whom the rest of the world often overlooks. This statement from Jesus also represents the very nature of who God is. Through sharing real grace and real love with people, Jesus brought healing into their lives. At Canterbury, we seek to follow Jesus' example, striving to share and experience real grace and real love in our real life.

## Real Grace

Grace stands as a central tenant to our community. It is at the very core of who we are as children of God because it is part of our lives before we are even aware of it. We confess that we are each imperfect, regularly falling short of our own standards and God's. God loves us anyway just as we are. God initiates every relationship with us through grace. God's grace can never be earned, it is all gift. We, as God's children, strive to do the same with each other. We start with grace given to us by God. We live offering the same grace to ourselves and one another.

## Real Love

In a world where people are sometimes criticized for being different, the people of the church are called to be intentionally different. Our Holy Scriptures remind us that we are all created in the image of God; and, if God is Love, then we are created in the image of love. God as revealed in Jesus Christ is what real love looks like. When we are most true to who we are created to be, we are loving. At Canterbury, we seek to embody that love is patient and kind ... and we particularly like it best when it is a verb.

## Real Life

God constantly invites us into a life of full connection with God and others through Jesus Christ. This is the real life we are created for. Nothing but relationship with God and each other will truly satisfy the longing inside us. We believe this is the path to real, abundant life. Our desire is to walk this path together.

# Welcome to Canterbury

## ***We are so glad you chose to worship with us today!***

We want you to feel at home. Through close relationships, the study of scripture, education, and caring for others, our goal is to connect you to God, each other, and His world in a real and meaningful way. We want to be a place where you will meet Jesus exactly where you are. You will find a community of real people, led by leaders who express their real experiences to help renew and empower you to follow Him. So no matter where you are in life, we invite you to come as you are and to live for something greater. If you need help finding your way around, we have welcome guides located at our main entrances and outside the worship areas. We look forward to connecting with you!

## **WORSHIP:**

**Children in Worship** All children are welcome in worship! The sights, sounds, and interactions of worship are appropriate for every age. Worship Activity bags, Sensory bags, and other resources are available as you enter. If you have a child with sensory challenges who might need a break from worship, we have a Sensory Room located on the 2nd floor of the Children's Building. Excellent nursery care is available to children through 4 years.

- *Make sure your children get a worship activity pack from the wall when entering Canterbury Center.*
- *The Children's Comfort Room is in the back hallway.*

**Worship Online** We strive to be a church that is accessible to you whenever and however you need us! All worship services are available online:

### **Website:**

[www.canterburyumc.org/worship/worship-online](http://www.canterburyumc.org/worship/worship-online)

### **Facebook:**

[www.facebook.com/CanterburyUMChurch](http://www.facebook.com/CanterburyUMChurch)

### **YouTube:**

[www.youtube.com/@CanterburyUMC](http://www.youtube.com/@CanterburyUMC)

## **NEXT STEPS**

If you are new to Canterbury, this is a great class for those who want to learn more about our church. Held on Sunday mornings, it provides an overview of what makes Canterbury thrive. You can find out more about the church, ask questions, and make personal connections. Sundays, 9:15-10:15 AM in the Dining Room. For questions or to sign up for the next session, please contact Becky King at [becky.king@canterburyumc.org](mailto:becky.king@canterburyumc.org).

## **MEET WITH OUR PASTORS:**

Our pastors would love to meet with you over coffee and get to know you. You can bring any questions you might have and get to know a little more about Canterbury, and anything else you want to talk about. Contact Matthew Montgomery at [matthew.montgomery@canterburyumc.org](mailto:matthew.montgomery@canterburyumc.org) or 205-868-6588, to set that up.

---

## **CONTACT US:**

**Church Office:** 205-871-4695

**To Join:** [matthew.montgomery@canterburyumc.org](mailto:matthew.montgomery@canterburyumc.org)  
205-868-6590 x 2327

**Pastoral Care Response Line:** 205-999-4887

**[canterburyumc.org](http://canterburyumc.org)**

# ORDER OF WORSHIP

## WORSHIP IS AN AWARENESS AND EXPRESSION OF GOD'S PRESENCE LIVED OUT MOMENT BY MOMENT

### **We Gather In God's Presence**

#### ***Raise A Hallelujah***

Welcome & Greeting

### **We Prepare Our Hearts With Song**

#### ***Glorious Day***

#### ***Bless God***

### **We Respond To God**

God's People Pray

God's People Give

#### ***Miracle***

### **We Listen For God's Voice**

Matthew 5: 33-37

You Are Invited: The Gospel According to No

### **We Gather Around God's Table**

Holy Communion

#### ***New Wine***

### **We Go To Live Like Jesus**

Reminder of God's Promises

A Challenge to Live Like Jesus

## SERMON NOTES:

---

---

---

---

---

---

---

---

### Thanksgiving for the Life of

Barbara Moore (Stewart Moore's mother).....August 23, 2024

---

## Outreach

### Churchwide Day of Service | October 27 | 9:30 AM - 12 Noon

For years, Canterbury's Outreach ministries have been guided by Jesus' words in Matthew 25. On Sunday morning, October 27, our church will experience this passage as we worship together through hands-on service from 9:30 AM-12 Noon. Please make plans to join us as we live out our call to love 'the least of these' and for a day to remember that 'It's Great to Serve With Canterbury!' We will need over 500 volunteers to make this day a success, so grab your friends and family and make sure to be a part of it!

#### Projects Include:

- SWEET POTATO DROP - Volunteers Needed: 150
- FLOOD BUCKET PACKING - Volunteers Needed: 40
- LITTLE BROWN BAG PACKING - Volunteers Needed: 75
- RISE AGAINST HUNGER FINALE - Volunteers Needed: 150
- THANKSGIVING CARDS for PRISONERS - Volunteers Needed: 25
- KIDS ACTIVITIES - Volunteers Needed: 25
- LETTER WRITING BLAST - Volunteers Needed: 20
- FELLOWSHIP LUNCH TEAM - Volunteers Needed: 10
- SAGE ACTIVITY for HOMEBOUND - Volunteers Needed: 30

For full details on each of these projects and to reserve your spot, please visit:

[www.canterburyumc.org/outreach](http://www.canterburyumc.org/outreach)

# Happening at Canterbury

## **Spiritual Practices and the Enneagram | September 6 & 7**

Canterbury is hosting a special event on September 6 & 7 featuring Rev. Joseph and Suzanne Stabile. Our ways of connecting with God are as varied as our Enneagram numbers. This 2-day workshop will walk participants through varied spiritual practices, practical application and expectations, and the struggles and benefits that each enneagram personality presents along the way. Cost: \$99. Friday, September 6 from 6-9 PM & Saturday, September 7 from 9 AM-5 PM. Register: [www.lifeinthetrinityministry.com/alabama](http://www.lifeinthetrinityministry.com/alabama)

## **Next Steps | Begins September 15 | 9:15 AM**

Considering joining Canterbury? This Sunday morning class is a basic introduction to our church family and a wonderful time to continue building connections with others. The next session will be held in the Dining Room at 9:15 AM on 9/15, 9/22, 9/29 & 10/6. Reserve your spot by emailing [becky.king@canterburyumc.org](mailto:becky.king@canterburyumc.org).

## **Wesley Heritage Tour Interest Meeting | September 15 | 11:30 AM**

Join Rev. Tori Hastings and fellow Canterburyans on a Wesley Heritage Tour June 4-12, 2025. You will spend nine days in England touring Coventry, Epworth, Cotswolds, Stratford, Oxford, Bristol, Wesley's London and more. Starting from \$4,248 per person. Join us in Wesley Hall after worship on Sunday, September 15 for an interest meeting.

## **Encore Volunteer Training | September 16 | 9AM - 12 Noon**

Now is the time to plug in to Encore! We need you! Join us on Monday, September 16 for a new volunteer training - or for a refresher training for current volunteers! This is THE most rewarding experience where you can make a difference in the lives of people living with memory loss and their families. It's very flexible and can adapt to anyone's schedule! To register, email Patti Williams at [encorepatti@gmail.com](mailto:encorepatti@gmail.com).

## **Kids@Canterbury**

### **5K Faith Milestone | September 8 | 9:15 AM**

Faith Milestones are a chance for the church to celebrate exactly who your child is right now and connect that to important parts of our faith practices here at church. We are excited to see you and your Kindergartner at our 5K Milestone "I Can Go to Worship" on September 8. We will be learning all about worship, including a scavenger hunt in our worship spaces! Register: [www.canterburyumc.org/grow/children](http://www.canterburyumc.org/grow/children)

### **RISE Connect Fall Retreat (4th-6th grades) | September 20-21**

Make sure to sign up your child for our first RISE retreat on September 20-21, held in conjunction with Asbury UMC and Grace UMC. This will be a super fun fall weekend at Camp Sumatanga.

Register: [www.canterburyumc.org/grow/children](http://www.canterburyumc.org/grow/children)

## **United Methodist Women**

### **UMW Fall Kickoff Coffee | September 9 | 10:30 AM**

United Methodist Women will host their annual fall coffee on September 9 at 10:30 AM in Wesley Hall. Eleanor Christiansen, Director of Children's Ministry, will be speaking. You do not have to be a member of UMW to attend. All are invited to be a part of this great, church-wide women's ministry!

## **Youth@Canterbury**

### **YAC Morning Bible Studies | 7 AM**

- Junior High students: You are invited to join us on Tuesdays at 7 AM for Breakfast Club, which is our morning Bible study for our junior high students! We will meet at the church in the Youth Center. Breakfast Club will include Chick-fil-A chicken biscuits and a morning devotional! Bring \$3 for a chicken biscuit.

- Senior High students: You are invited to join us on Wednesdays at 7 AM for Senior High AM, which is our morning Bible study for our senior high students! We will meet at the Crestline Bagel in Cahaba Heights. We'll grab breakfast and then we'll have a short devo! Bring money for breakfast.

### **Midweek | Wednesdays | 6-7 PM**

YAC's Wednesday night programming is called MidWeek, and it's held from 6-7 PM! MidWeek includes a game, a lesson, and a great time with your friends! All 7th-12th graders will begin together in the Youth Center, and then we will split into a senior high group and a junior high group. The junior high group will move to room M-118, and senior high will stay in the Youth Center.

## **Support Groups at Canterbury**

### **Mental Health Caregiver Support Group | Begins September 11**

Thank you, Canterbury, for the feedback you provided through the recent survey on mental health. From the data collected, we've developed a 4-week program starting on September 11 that contains helpful sessions designed to support and equip persons caring for family members with mental health challenges. This support group is co-sponsored by United Counseling and all sessions will be led by professionals from our community. It will be held on four Wednesday evenings at 6 PM in Room 208.

1: Understanding Depression & Anxiety

2: Nurturing Children with Mental Health Challenges

3: Caring for Parents with Mental Health Challenges

4: Supporting Yourself, Boundaries and Self Care

Register: [www.canterburyumc.org/grow/adults](http://www.canterburyumc.org/grow/adults)

### **Divorce Support | Begins September 15 | 5-6:30 PM**

The Divorce Journey: Past, Present & Future - Going through a divorce holds such a wide range of feelings, decisions and reassessments of life goals. This 10-week course on Sunday evenings is a safe and encouraging community where participants are guided along their unique journeys and beyond. Sessions include space for teaching, personal reflection and fellowship. Led by Rev. Leslie Etheredge in Room M200.

Register: [www.canterburyumc.org/grow/adults](http://www.canterburyumc.org/grow/adults)

### **Grief Care | Session 2 Begins October 9**

When we lose someone we love, we embark on a journey not of our choosing. But it is a vital and sacred journey for grief just the same. This group serves as a means of self-care and shared community for persons in grief. During this 6-week course, we will listen, share and gain important tools in navigating our unique grief experiences. Offered on Wednesdays at 12 Noon (10/9-11/13) in Room M200. Led by Hill Carmichael.

Register: [www.canterburyumc.org/grow/adults](http://www.canterburyumc.org/grow/adults)



*Thank you for joining us today!*