

RECEIVING THE BREAD AND CUP BY INTINCTION AND KNEELING *All are invited to receive Holy Communion. Ushers will guide you.*

COMMUNION MUSIC (URWB) *Please join in singing the hymn as we receive the elements.*

HYMN 124

The Hand of Heaven

CHARTRES

PRAYER AFTER RECEIVING

Eternal God, we give you thanks for this holy mystery in which you have given yourself to us. May we be transformed into your image. Grant that we may go into the world in the strength of your Spirit, to give ourselves for others, in the name of Jesus Christ our Lord. Amen.

* BLESSING AND SENDING FORTH

Want to know more about Following Jesus and Serving Others? To make Canterbury your home church, contact Rev. Tori Hastings at 868-6580 or tori.hastings@canterburyumc.org.

For Week of February 5, 2017

Stop Hunger Now

February 12-14

More Volunteers Needed

Over the past seven years, more than 2,625,000 meals have been packed in Canterbury Hall for Stop Hunger Now. We hope you will come be a part of this year's fun as we team up with our partner church St. Luke's Episcopal to fill an entire shipping container to feed 300,000 children. Check out Canterbury's Website and register today.

Most needed shifts include: Monday at 8-9:30 AM, 1-3 PM, 5:30-7:30 PM; Tuesday at 6:30-8 AM, 8-9:30 AM.

Please Share \$2 This Sunday For Stop Hunger Now

A special collection will be taken in all Adult Sunday School classes on Sunday, February 5 & 12, to help provide extra meals to schools and orphanages around the world. Every \$2 that you contribute to this special collection will provide 6 meals for children in desperate need of nourishment. And just \$10 can provide a child with lunch for a month. Thank you for sharing whatever you can through your class this Sunday.

Special Announcements

Thanksgiving for the Life of

Robert Edward Miller.....January 22, 2017
Susan Thomas.....January 29, 2017
Carolyn Lane.....January 31, 2017

In the Hospital / Rehab (as of February 2)

Pat Beacham.....Brookwood
Betty McDanielSt. Vincent's



NEW TRADITIONS

FEBRUARY 5, 2017

THE FIFTH SUNDAY AFTER THE EPIPHANY

PREACHING — THE REVEREND TORI HASTINGS

LITURGIST — THE REVEREND WARREN NASH

CHOIRMASTER AND ORGANIST — DOCTOR LESTER SEIGEL

THE FAMILY SERIES

"[Parents], do not exasperate your children; instead, bring them up in the training and instruction of the Lord." (Ephesians 6:4, NIV)

We're doing a sermon series in February on families. As always, we will be sensitive to the variety of families we have in our congregation. We recognize that we have many single people at various stages of singleness. We recognize that not every family has children or grandchildren. We recognize that we have individuals who are struggling with the dysfunction of their families. We promise there will be plenty of wisdom and insight from God's Word in this series for everyone regardless of their family situation. After all, we're all a part of the "family of God!"

One of the neglected practices in family life is determining the core values that will shape your household. Many people unconsciously adopt the values that were unwittingly passed on from their family of origin. Sometimes, the resulting dysfunction is proof of the biblical saying that the sins of one generation are passed on to the generations that follow! What if we consciously determined the values that were the most important to us and made a commitment to live out those values on a daily basis?

In Ephesians, Paul instructs parents not to exasperate their children. Other translations say not to "provoke your children to anger." I prefer The New International Version's use of the word "exasperate." The exasperation comes from an inconsistency in the values that are lifted up as the core. In one instance, we may praise our children for their competitiveness. In another instance, we may chastise them for being too aggressive in their pursuit of something. Without an undergirding value to help our children understand the difference between those two instances, our children become frustrated or exasperated. Maybe the family values behind both incidences are being the best they can be and not hurting others. Teaching the values determines the appropriate behavior.

Have you considered the values that drive your family? Would you be willing to make a list of the important values out of which you operate and then translate those values into how you want your family to interact with others? If you are willing, then after you've completed your list, invite your family or friends to reflect with you on those values. Inquire as to how faithful they perceive you are in fulfilling those values. Come to some agreement that you can draft as the core values of your family and then commit to living by them daily. In this way, you will strengthen all your relationships and experience life in new and powerful ways.

Dale Cohen, Senior Pastor



ORDER OF MORNING WORSHIP

*Congregation Please Stand

URWB - Upper Room Worship Book UMH - United Methodist Hymnal
Words in bold type are spoken or sung by the congregation.

WELCOME AND WORSHIP WORDS

* HYMN 54 (URWB)

Gather Us In, vv. 1, 3, 4

GATHER US IN

COLLECT

The Lord be with you. And also with you. Let us pray.

Lord of the hosts of heaven, our salvation and our strength, without you we are lost: guard us from all that harms or hurts and raise us when we fall; through Jesus Christ our Lord. Amen.

GLORIA IN EXCELSIS

All f
Glo - ry to God in the high - est! Sing glo - ry to God! _____
Glo - ry to God in the high - est, and peace to God's peo - ple on earth! _____

PSALTER READING 833 (UMH)

Psalm 112

* GOSPEL ALLELUIA (*Sung before and after the Gospel Lesson*)

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

* GOSPEL LESSON

Matthew 5: 13 - 20

The Word of God for the people of God. Thanks be to God.

SERMON

Rev. Tori Hastings

RESPONSE TO THE WORD 134 (URWB)

God Wills a Full Life for Us All

AZMON

PRAYER OF CONFESSION

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

ALL PRAY IN SILENCE

KYRIE 482 (UMH)

Lord, have mercy. Lord, have mercy. Christ, have mercy. Christ, have mercy. Lord, have mercy. Lord, have mercy.

WORDS OF PARDON

*In the name of Jesus Christ, we are a forgiven people. Glory to God!
Alleluia! Amen.*

* THE PEACE

The peace of the Lord Jesus Christ be with you. And also with you.

Sha - lom, Sha - lom, the peace of God be here. Sha - lom, sha - lom, God's jus - tice be ev - er near.

PRAYERS OF THE PEOPLE

Lord in your mercy... hear our prayer.

GIVING OUR TITHES AND OFFERINGS

This Gift is Free
Rebecca Harris, solo

Fred Gramann

Come to the waters all who are thirsty, O come and drink; this gift is free.

Come to the table all who are hungry. O come and feast; this gift is free.

Come to the tree of life, laden with fruit for you. O come and taste; this gift is free.

Come to the banquet hall, a place is set for you. O come and sit awhile; this gift is free.

Why do you buy food which cannot feed the soul, or labor on for that which will not make you whole?

Come unto me and taste the food I give. Come unto me so that your soul may live. (ref. Isaiah 55)

* WESLEY'S GRACE & DOXOLOGY

OLD 100TH

Be present at our table, Lord;
be here and everywhere adored;
Thy creatures bless, and grant that we
may feast in paradise with Thee.

Praise God from whom all blessings flow;
praise Him, all creatures here below;
praise Him above ye heavenly hosts,
praise Father, Son, and Holy Ghost. Amen.

THE GREAT THANKSGIVING 37-40 (URWB)

SANCTUS

Ho - ly, Ho - ly, Ho - ly Lord, God of po - wer and might: hea - ven and earth are full, are
full of Your glo - ry. O__ Bless - ed is he who comes in the Name of the Lord. Ho
san - na in the high - est! Ho - san - na! Ho - san - na in the high - est!

THE MEMORIAL ACCLAMATION

Christ has died, Christ is ris - en, Christ will come a - gain!

AMEN

A - men, A - men, A - - - - - men.

THE LORD'S PRAYER 454 (URWB, chanted)

FRACTION ANTHEM 413 (URWB)

Agnus Dei

BELL AGNUS